

WEEK 1

BAYNE-JONES ARMY COMMUNITY HOSPITAL

BREAKFAST: Scrambled Egg Substitute, Scrambled Eggs, Hard Boiled Eggs, French Toast, Waffles, Hash Browns, Creamed Beef, Bacon, Turkey Sausage Patty, Sausage Links, Assorted Cold Cereal, Oatmeal, Grits, Biscuits, Whole Wheat Toast, White Toast, Assorted Danishes, Yogurt, 100% Fruit Juice, Skim Milk, 1% Milk, Fat-free Chocolate Milk, Whole Milk, Fat-Free Cottage Cheese, Fresh-Cut Fruit, Whole Wheat English Muffins, White English Muffin, Assorted Bagels, Cream Cheese, Light Cream Cheese, Peanut Butter, Jam/Jelly

**Items are offered on rotation based on availability*

	Monday	Tuesday	Wednesday	Thursday	Friday
Sandwich of the Day	Chicken Pesto Wrap	Club Wrap	Chipotle Turkey Wrap		Chicken Caesar Wrap
Soup of the Day	Tortilla Soup	Minestrone Soup	Tomato Basil Soup	Shrimp Bisque	Cheese and Broccoli
	Red Beans & Sausage	Japanese Chicken Wing	Chili Macaroni	Creole Baked Catfish	Roast beef w/Au Jus
	Baked & Fried Chicken	Pepper Steak	Teriyaki Chicken	Fried Catfish	Herbed Baked Trout
	Brown/White Rice	White Rice	Steamed White Rice	Chicken & Sausage	Mashed Potatoes
	Roasted Potatoes	Egg Rolls	Mashed Potatoes	Jambalaya	Cornbread Dressing
	Broccoli w/Cheese	Corn	Steamed Zucchini	Macaroni & Cheese	Corn O'Brien
	Scandinavian Blend	Tuscany Blend Veggies	Herbed Baby Carrots	Roasted Red Potatoes	Green Beans
	Vegetables	Dinner Rolls	Dinner Roll	Seasoned Greens	Dinner Rolls
	Corn Bread			Succotash	
				Corn Bread	

Specilty Bar of the Day	Potato Bar	Nacho/Taco Bar	Pizza Bar	Sandwich Bar	Wing Bar
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DINING FACILITY HOURS
Breakfast 0630 – 0900
Lunch 1100 – 1300

GO FOR GREEN

EAT OFTEN

EAT OCCASIONALLY

EAT RARELY

ANYA M. ASHLEY, SSG, USA
NCOIC, Nutrition Care Division

MENU SUBJECT TO CHANGE WITHOUT NOTICE
**Items are offered on rotation based on availability*